

THE GODDESS TRAINING

The Goddess Training is a celebration of Womanhood. We focus on what it means and how it feels to embody the Goddess energy in today's society. The training evolved as an opportunity to celebrate the Rites of Passage initiation from adolescence to adulthood – which is powerful at whatever age it is undertaken. The workshop provides a sacred space for women to acknowledge their transition into womanhood, and is a vital opportunity to release your past and construct new and empowering relationships with men and women in your life.

The 4-day workshop consists of three days at Bellenau Chateau in Normandy followed by an integration day three weeks later in Dorset. The integration day is an opportunity to regroup after the training, and to meet the participants of the brother training The Wizard's Path to share experiences.

During the three days at Bellenau Chateau the women's group devise initiation ceremonies for each other within the magical landscape - spectacular gardens, rivers, caves and even a boat to a deserted island inspire unique and deeply personal ceremonies. Each woman is invited to take part in her own initiation, designed especially for her by the group. These rites of passage ceremonies are magical, mystical and powerful adventures, which all group members support and participate in nurturing an atmosphere of sisterhood throughout the process. The Goddess Training is profoundly transforming, theatrical and a once in a lifetime experience.

- Travel through the darkness into the light
- Reclaim the power of the Goddess
- Learn to love yourself first
- Acknowledge and nurture the feminine energy as Divine
- Increase awareness around sexuality
- Empower the true mystical nature of woman
- Embrace your Warrior energy
- Heal relationships with Mother/Father/Lovers/Children
- Reconnect with ancient knowledge
- Support and empower yourself with your partner
- Deepen your understanding of Archetypes & Myths
- Learn how to devise and create initiations for others

"The Goddess Training allowed us to re connect with our creative magic and bring it into the outer world. This workshop is artistic, mystic, sacred, outrageous and enormous fun!"

Lillith Roacher – Journalist and Author

"It took me through how I limit myself mentally, physically and emotionally...The mind expands with the feeling that all things are possible." Sue Ward – Salesperson

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